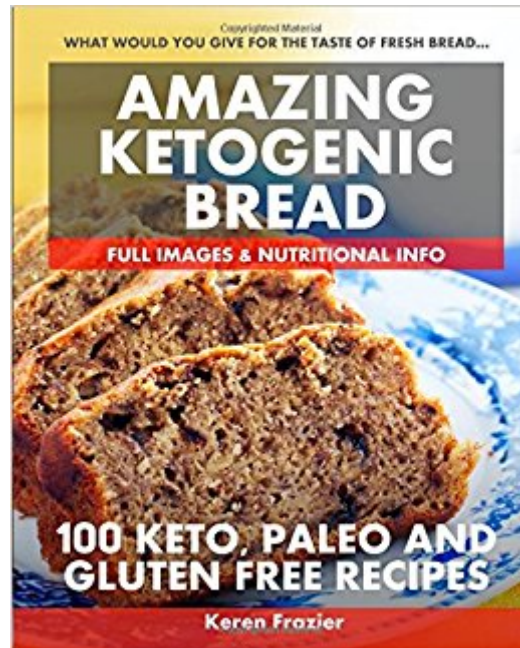




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Amazing Ketogenic Bread



Synopsis

Would you like to be able to eat bread again? How would you like a book with over 100 Ketogenic Bread Recipes? Everyone loves bread. The problem comes with eating too much of it. The weight gain from eating our once staple food is what puts many people off eating it today. But this amazing new book could be your salvation and have you eating bread once more. Ketogenic Bread: Low Carb Bread Cookbook for Keto, Paleo, and Gluten Free Diets; Loaves, Bagels, Rolls, Muffins, and More! Inside the pages of this book, you are going to find more than 100 recipes for delicious ketogenic breads which will have your mouth watering, including: - Loaves - Bagels - Pizzas - Buns and rolls - Muffins and biscuits Imagine the smell of freshly baked bread wafting through your house from your kitchen once again. Imagine being able to eat bread with your evening meal, have toast for breakfast or a sandwich at lunchtime. It can be done and you could be enjoying the taste of freshly made breads as soon as you've read the first chapter. Get your copy of Ketogenic Bread today! Your family will love the bread you create.

Book Information

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Customer Reviews

I rarely make anything fancy, but when I saw some of the foods in this book, I just new I had to try them out. I share the foods with my co-workers and they love it all. They are always asking for the recipe and thinking I came up with all these great ideas! (But they don't need to know the truth. Haha!)

The author describes and explains the many different flours available for use in ketogenic diets. Very

helpful and informative. Lots of recipes. So excited to find a pizza crust recipe! Personally prefer using almond flour to coconut flour. So many recipes....I have not tried many yet!

I am a little time culinary specialist working in a little time eatery and even I was awed by the formulas in this book! I even conversed with my supervisor about adding some of these things to our menu. We gave out specimens of a couple of the bagels to check whether costumers might want them as another menu thing. Following seven days of inspecting, around 92% of costumers voted they "would get it"!

The formulas are simple which is awesome for a tenderfoot cooker like me. What's more, there are pictures for everything. Makes it less demanding to pick what you need to make first. Also, there is such a great amount of data about ketogenic bread. I felt like a specialist subsequent to understanding it all lol! Best digital book in my accumulation!

Good recipes. Haven't had time to try any yet.

The amount of typos and level of grammer suggest this book was not re-read by the author or any editors. I have yet to try any of the recipes, but I, unfortunately, don't have high hopes for the flavors and accuracy of said recipes. The formatting of the nutritional information chart is off on most pages and the information in said chart is not consistant across the recipes. Calories are listed as grams...not sure what that is about...they should be calories or kilo calories, not grams. At first glance, I am unimpressed. The number of recipes offered is nice and many of the recipes sound like they would taste good. I will update my review with reports of taste, and accuracy of instructions, once I have tried a few recipes.

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